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Keynote Speakers:

Elizabeth McIngvale, PhD, LMSW
Life with Chronic Mental Illness: A Family’s Perspective
Through the personal story of life with mental illness, learn about how chronic mental health conditions are diagnosed and treated. Further, engage in conversation around the impact of stigma, low access to appropriate mental health treatment, and the importance of relapse prevention and advocacy.

H. Jean Wright II, PsyD
Find Strength in Your Struggle: A Faith-Based Approach to Wellness
Learn about research that points to improved medical and psychological/emotional outcomes for people who rely on their faith and/or spiritual belief system. We’ll also cover encouraging behavioral health professionals to include, where appropriate, a person’s faith/spiritual belief system in developing an individual health plan.

Breakout Sessions:

What to Expect When You’re Expecting a Teenager
Miki Johnston, LCSW and Kelly Jameson, PhD
Join this conversation to understand the stages of adolescent development, how to recognize the bio-psycho-social changes that occur during adolescence, and how to get help for you and your family.

Supporting the Sandwich Generation
Brad Schwani, DMin; Carrie Davidson, PsyD and Jane Toler, PhD, LPC-S
Join a discussion about the unique pressures and challenges of those with aging parents (who may be facing illnesses, loss and transitions in living arrangements), as well as children in the home or young adults being supported within college and early adulthood.

Intentional Parent Care
Dennis Meyers
Engage in a discussion about the behavioral health of a parent caregiver as the parent struggles with loss of autonomy and personhood, feeling unprepared, and struggling with competing opportunities and demands.

Saturday, Feb. 17, 9 a.m. to 1:30 p.m.
Great Hall, Park Cities Baptist Church
3933 Northwest Parkway | Dallas, TX 75225
Four Social Work, LPC and CHW Continuing Education Credits Offered.
$15 | To register, call 1.855.6BAYLOR (1.855.622.9567) or visit BSWHealth.com/GilTaylor.

The Impact of Behavioral Health Issues Across Generations
3RD ANNUAL GIL TAYLOR BEHAVIORAL HEALTH SYMPOSIUM

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